

الضغوط النفسية التي يتعرض لها الطلبة المتفوقون  
واستراتيجية التعامل معها

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المخلص

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(Selye: 1980)

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.(Weiten: 1983)

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: (George & William & White, 1991)

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| 85  | 21 | 22 | 20 | 22 |  |  |  |
| 95  | 23 | 23 | 25 | 24 |  |  |  |
| 76  | 20 | 19 | 18 | 19 |  |  |  |
| 256 | 64 | 64 | 63 | 65 |  |  |  |

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|-------|------|--|----|-------|------|--|---|
|       |      |  |    |       |      |  |   |
| 0.700 | 1.56 |  | 20 | 0.553 | 2.70 |  | 1 |
| 0.710 | 1.55 |  | 21 | 0.818 | 2.34 |  | 2 |
| 0.675 | 1.53 |  | 22 | 0.813 | 2.00 |  | 3 |
| 0.615 | 1.52 |  | 23 | 0.747 | 1.82 |  | 4 |
| 0.747 | 1.48 |  | 24 | 0.779 | 1.80 |  | 5 |

|       |      |  |    |       |      |  |    |
|-------|------|--|----|-------|------|--|----|
|       |      |  |    |       |      |  |    |
| 0.627 | 1.47 |  | 25 | 0.823 | 1.76 |  | 6  |
| 0.710 | 1.47 |  | 26 | 0.663 | 1.76 |  | 7  |
| 0.614 | 1.46 |  | 27 | 0.654 | 1.70 |  | 8  |
| 0.735 | 1.46 |  | 28 | 0.822 | 1.70 |  | 9  |
| 0.649 | 1.42 |  | 29 | 0.776 | 1.69 |  | 10 |
| 0.718 | 1.38 |  | 30 | 0.737 | 1.67 |  | 11 |
| 0.521 | 1.33 |  | 31 | 0.757 | 1.66 |  | 12 |
| 0.604 | 1.33 |  | 32 | 0.741 | 1.63 |  | 13 |
| 0.547 | 1.28 |  | 33 | 0.743 | 1.63 |  | 14 |
| 0.532 | 1.27 |  | 34 | 0.743 | 1.61 |  | 15 |
| 0.546 | 1.27 |  | 35 | 0.743 | 1.61 |  | 16 |
| 0.464 | 1.24 |  | 36 | 0.691 | 1.60 |  | 17 |
| 0.511 | 1.23 |  | 37 | 0.763 | 1.57 |  | 18 |
| 0.393 | 1.14 |  | 38 | 0.660 | 1.57 |  | 19 |

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(0.553) (2.70)  
 (1.140) :  
 George & ,1991) (0.393)  
 ,(2004 1995 1994 William & White

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| 0.295 | 1.904        |  | 1 |
| 0.450 | 1.720        |  | 2 |
| 0.471 | <b>1.672</b> |  | 3 |
| 0.476 | 1.658        |  | 4 |
| 0.496 | 1.574        |  | 5 |
| 0.498 | <b>1.574</b> |  | 6 |
| 0.498 | 1.562        |  | 7 |
| 0.499 | 1.548        |  | 8 |



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|-------|-------|--|----|
|       |       |  |    |
| 0.501 | 1.484 |  | 9  |
| 0.499 | 1.452 |  | 10 |
| 0.497 | 1.435 |  | 11 |
| 0.484 | 1.368 |  | 12 |
| 0.483 | 1.367 |  | 13 |
| 0.465 | 1.312 |  | 14 |
| 0.459 | 1.299 |  | 15 |
| 0.459 | 1.298 |  | 16 |
| 0.452 | 1.283 |  | 17 |
| 0.356 | 1.148 |  | 18 |

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(0.295) (1.904)  
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| 0.022 | 5.382 | 907.815  | 1   | 907.815   |   |
| 0.809 | 0.058 | 9.855    | 1   | 9.855     |   |
| 0.724 | 0.125 | 21.061   | 1   | 21.061    | x |
| -     | -     | 1068.676 | 256 | 20915.85  |   |
| -     | -     | -        | -   | 474764.00 |   |

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|       | ( )   |         |     |          |   |
| 0.162 | 1.978 | 140.384 | 1   | 14.382   |   |
| 0.822 | 0.051 | 0.370   | 1   | 0.370    |   |
| 0.292 | 1.119 | 8.138   | 1   | 8.138    | x |
| -     | -     | 7.272   | 253 | 901.719  |   |
| -     | -     | -       | -   | 89124.00 |   |

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