

أثر برنامج إرشادي جمعي في تحسين أساليب معاملة الأمهات
الكويتيات لأطفالهن وخفض أعراض ضعف الانتباه المصاحب للنشاط
الزائد لديهن

الملخص

*

- -

$$(, \geq \alpha)$$

.

.

١- المقدمة:

(Stroh,1980)

(Barkley,1990)

()

٢ - مشكلة الدراسة:

:

- -

- -

- -

٣- أهمية الدراسة:

:

- -

- -

- -

٤- فرضيات الدراسة:

- -

- -

- -

٥- حدود الدراسة:

- -

- -

- -

- -

٦- تحديد المصطلحات:

٦-١- الإرشاد الجمعي: "

) "

" (Gasda,1989) (

"

:

٦-٢- أسلوب المعاملة الوالدية:

(Darling & Steinberg,

.1993)

(- ,)

٦-٣- اضطراب ضعف الانتباه المصاحب للنشاط الزائد:

() .

:

:

٧- الإطار النظري:

٧-١- اضطراب ضعف الانتباه المصاحب بالنشاط الزائد:

()

(DSM-IV,1995)

:

(DSM-IV,1995).

(Conte,1998).

٧-٢- أسباب الإصابة باضطرابات ضعف الانتباه المصاحب للنشاط الزائد:

(McNamare & McNamare, 2000; Breggin, 1999).

:

٧-٢-١- العوامل الوراثية:

-

()

% -

()

٧-٢-٢- العوامل العضوية:

()

(Weiss & Hechtman,1980).

٧-٢-٣- عوامل التركيبة الكيميائية العصبية:

()

(Rositer & Lavaque, 1995)

(Madras,2002).

٧-٢-٤- عوامل تتعلق بمراحل نمو الجنين:

(Hille, 2001)

٧-٤-٢- أساليب العلاج السلوكي :

(De Valenzuluela, Connery, &)

(Musanti, 2000

"

" () .

٧-٤-٣- برامج تدريب آباء أطفال ذوي ضعف الانتباه المصاحب للنشاط الزائد :

() .

(ADHD)

(American Academy of Pediatrics, 1993; Perrin, et

.al., 1993)

:

(Barkley,1990).

٨- الدراسات السابقة :

٨-١- دراسات تتعلق بأسلوب المعاملة الوالدية، وتفاعل الآباء مع أبنائهم من ذوي

ضعف الانتباه المصاحب للنشاط الزائد، وأثر ذلك على أعراض الاضطراب لدى الأبناء :

(Johnson et al,2002)

(Harvey,2003)

(Seipp, & Johnston,2005)

(Whalen, et al 2006)

٨-٢- دراسات حول فاعلية البرامج الإرشادية والتدريبية للوالدين في خفض أعراض
ضعف الانتباه المصاحب للنشاط الزائد لدى أبنائهم:

(Pfiffner&McBurnett, 1997)

(Danforth,1999)

(Rosenberg,1999)

(Sonuga-Barke & Thompson,2000)

()

()

٨-٣- تعقيب على الدراسات السابقة:

:

- - -

(Danforth,1999)

(Sonuga-Barke &

(Rosenberg,1999)

.Thompson, 2000)

- - -

(Seipp, &

(Harvey, 2003)

.(Whalen, et al 2006)

Johnston,2005)

- - -

)

() ()

(

٩- الطريقة والإجراءات:

٩-١- مجتمع الدراسة والعينة:

()

(-)

()

٩-٢- أدوات الدراسة:

٩-٢-١- بطاقة ملاحظة أعراض ضعف الانتباه المصاحب للنشاط الزائد لدى الأطفال من قبل

الأمهات:

()

()

()

(-)

(-)

٩-٢-٢- مقياس المعاملة الوالدية:

() :

()

(-)

(-)

٣-٩- تصميم الدراسة والمعالجة الاحصائية:

()

t-test

(One Way ANCOVA)

٤-٩- إجراءات تطبيق البرنامج الإرشادي الجمعي:

٥-٩- أهداف البرنامج:

)

- - -

.(

- - -

- - -

- - -

- - -

١٠- نتائج الدراسة ومناقشتها:

"

- -

"

- -

()
(ANCOVA) ()

,	,	,		,	
,	,	,		,	
		,		,	
				,	

(, $\geq \alpha$)

() . ()
() ()
()

,	,	
,	,	

,

() ()

(ANCOVA) ()

,	,	,		,	
,	,	,		,	
		,		,	
				,	

. -

$$(, \geq \alpha)$$

.()

()

()

,	,	
,	,	

.()

(Harvey, 2003) (Pfiffner & McBurnett, 1997)
 (Danforth,1999)

- -

“ ”
“ ”

()

()

(ANCOVA)

,	,	,		,	
,	,	,		,	
		,		,	
				,	

(, $\geq \alpha$)

.() () .()
()

,	,	
,	,	

.()
.()

()
(ANCOVA)

'	'	'		'	
'	'	'		'	
		'		'	
				'	

.() ' (, $\geq \alpha$)
() .() ()
()

'	'	
'	'	

- -

. (Heiveile, & Clark, 1990)

(Whalen, et al 2006)

(Johnson,et al 2002)

"

- -

"

. ()
()
(ANCOVA)

,	,	,		,	
,	,	,		,	
		,		,	
				,	

.....

$$(\alpha, \geq \alpha)$$

$$\begin{aligned} & () \quad (,) \\ & .() \quad () \\ & () \end{aligned}$$

,	,	
,	,	

.....
)
 () ()
 () ()
 (ANCOVA)

,	,	,		,	
,	,	,		,	
		,		,	
				,	

$$\begin{aligned} & (, \geq \alpha) \\ & .() \quad , \quad .() \quad () \end{aligned}$$

()

(Sonuga-Barke

(Rosenberg,1999)

&Thompson,2000)

١١- المقترحات:

:

--

--

--

--

المراجع الأجنبية :

- American Academy of Pediatrics & Committee on Children with Disabilities. (1993). Pediatric Services for Infants and Children with Special Car Needs. *Pediatrics*, 92, 163-165.
- American Psychiatric Association.(1995). *Diagnostic Criteria from DSM-IV*. Washington, D.C.
- Anastopoulos, A. D., Shelton, T. L., DuPaul, G. J., & Guevremont, D. C. (1992). *Assessing parental knowledge of ADHD*. Unpublished manuscript.
- Barkley, R.A.(1990). *Attention Deficit Disorder, A Handbook for Diagnosis and Treatment*. New York: The Guilford Press.
- Breggin, Peter R. (1999). Psychostimulants in the Treatment of Children Diagnosed with ADHD: Risks and Mechanism of Action. *International Journal of Risk and Safety in Medicine*, 12, 3-35.
- Conte, R (1998). Attention Disorders in B. Wong (eds) *learning About Learning Disabilities* (2nd Ed) San Diego Academic Press.
- Cunningham, C. E., Benness, B. B., & Siegel, L. S. (1988). Family functioning, time allocation, and parental depression in the families of normal and ADDH children. *Journal of Clinical Child Psychology*, 17, 169-177
- Danforth, J.(1999). The Outcome of parent training using the behaviour management flow chart with a mother and her twin boy with oppositional defiant and attention deficit hyperactivity disorders. *Child and Family Behavior Therapy*, 2, 4, 58-80.
- Darling, N. & Steinberg, N. (1993). Parenting Style as Context: An Integrative Model. *Psychological Bulletin*, 113, 3, pp 487-496.
- De Valenzuela, J., Connery, M., and Musanti, S. (2000). The Theoretical Foundation of Professional Development in Special Education: Is Socio Cultural Enough?. *Remedial and Special Education*. Mar/Apr, 21, 2, 111-120.
- Fiorello, C., Hyman, I.(1998). Monitoring Medication Response in Attention Disorders. *Journal Of Learning Disabilities*. 31, 6, 579-580.
- Fischer, M. (1990). Parenting stress and the child with attention deficit hyperactivity disorder. *Journal of Clinical Child Psychology*, 19, 337-346.
- Gasda, G. (1989). *Group Counseling: A Developmental Approach* (4 d). Boston: Allyn and Bacon.
- Harvey, E.J (2003). Parenting of children with ADHD: The role of parental ADHD Symptomatology. *Journal of Attention Disorder*, 7, 31-43.
- Heiveile, I. & Clark,D. (1990)."Personality correlates of attention deficit hyperactivity disorder". Paper presented at the *Annual Conference of the American psychology Association*, Boston.
- Hille, E.(2001). Behavioral problem in children who weigh 1000g or less at birth in four countries. *Lancet*. 357, 9269, p 1641.
- Johnson, C., Hinshaw, P., Hoza, B., Murray, C., Pelham, W.(2002). Responsiveness in interactions of mothers and sons with ADHD: Relation to maternal and child characteristics. *Journal of Abnormal Child*, 30, 1, 77-88.

- Leeheyn, Kevin. (1994). Attention Deficit Hyperactivity Disorder. Child Adolescent and Adult Psychiatry, (online) Available: <http://www.Leeheyn.com/adhd.info.html>, pp.1-10.
- Madras, B. (2002). New Hope For ADHD. *Prevention*. 54, 1, 119- 221.
- Mash, E. J., & Johnston, C. (1983). Parental perceptions of child behavior problems, parenting self-esteem, and mother's reported stress in younger and older hyperactive and normal children. *Journal of Consulting and Clinical Psychology*, 51, 68-99.
- McNamare, Barry E., & McNamare, Francine, J. (2000). *Keys to Parenting a Child with Attention Deficit Disorder*. New York: Barron's Educational Series.
- Perrin, J. M., Shayne, M. W., & Bloom, S. R. (1993). *Home and Community Care for Chronically 111 Children*. New York: Oxford University Press.
- Pfiffner, L., & McBurnett, K.(1997). Social Skills Training with Parent Generalization: Treatment Effects for Children with Attention Deficit Disorder. *Journal of Consulting and Clinical Psychology* 65, 5, 749-757.
- Pololski, C.L, & Nigg, J.T,(2001). Parent Stress and Coping in Relation to Child ADHD Severity of Associated Child Disruptive Behavior Problems. *Journal of Clinical Child Psychology*, 30, 503- 513
- Rodgers, Jr. (1999). Watch Out For Clonidine Toxicity in Children with ADHD. *Brown University Child & Adolescent Behavior Letter*. 15, 4, 1-2.
- Rosenberg. A.(1999). Pygmalion: Parent Training for Families of Children Diagnosed with Attention Deficit Hyperactivity Disorders. *Dissertation Abstract International*. 59, 9, p5068- B.
- Rositer, Thomas R. & Lavaque, Theodore, J. (1995). A Comparison of EEG, Biofeedback and Psychostimulants in Treating Attention Deficit Hyperactivity Disorders. *Journal of New Therapy*, 1, 48-59.
- Seipp, C., & Johnston, C.(2005). Mother-Son Interactions in Families of Boys with Attention-Deficit/Hyperactivity Disorder with and without oppositional Behaviour. *Journal of Abnormal Child Psychology*, 33,1, 87-98.
- Sonuga-Barke, E., &Thompson, M (2000). Health Visitor-delivered training programs for parents of pre-school children diagnosed with ADHD. *Mental Health Foundation*, 1, 18.
- Stroh, C. (1980). *The Problem of Sustained attention*. New York: Grune & Stratton.
- Weiss, G., and Hechtman, L. (1980). The hyperactive symptoms in younger elementary school children. *American Journal of orthopsychiatry*. 41, 136-143.
- Whalen, C.; Henker, B.; Jamner, L.; Ishikawa, S.; Floro, J.; Swindle, R.; Perwien, A.; Johnston, J., (2006). Toward mapping daily challenges of living with ADHD: Maternal and Child Perspective using Electronic Diaries. *Journal of Abnormal Child Psychology*. 34, 1, pp. 111-126.

«وصل هذا البحث إلى المجلة بتاريخ ٢٠٠٩/١٠/١٠، وصدرت الموافقة على نشره بتاريخ ٢٠١٠/٣/١٥»